PREFACE

There is a difference between dharmayudha and dharmayoga. Dharmayudha is fighting for one's rights, where as dharmayoga is seeking to perform ones actions in accordance to ones personal truth path: this has been clarified to me this morning on the 19 August 2022 as the outcome of all my satya-advaitic deliberations that now are contained within Vishista-advaita Sampradaya that I founded. To elaborate in this preface it is appropriate to consider the following:

Dharmayoga
https://www.knowledgeforworldconservation.com/forum/spirituality/dharmayoga

The eternal law of Dharmo Rakshati Rakshita means that if a person upholds dharma then dharma protects the yogi and his karma is simultaneosly preserved.

From karma yoga to dharmayoga one is going along progressively along ones personal truth path without attachments as to the outcome of ones actions. But following the progressive truth path turns karma into dharma which is the highest basisbfor one's actions. It is then that Dharmo Rakshati Rakshita is evident.

This is the inseparable reationship of truth and dharma as the eternal law. For this reason an old trditional Odiya prayer asks God to take the devotee along the path of truth and dharma.

In a civilised place the means justifiesnthe ends; in a jungle the ends justifies the means. So you must know what kind of place you live in. You may have to fight a dharmayudha when prcticing dharmayoga. Or just do nothing when your liberty is safe and assured.

In the battle to survive in independence and liberty as the dharmayudha one does not need to analyse and calculate strategies and tactics on what is a reasonable and proportionate respose to enemy intrusions into ones privacy, it comes naturally wheen one is on the path of truth and dharma, such is the level of awareness in dharmayoga. This is when one has previosly lost all ones attachments through satya-advaita yoga and has becomeba Vishista-advaitist with all the knowledge that one needs.

On Facebook:

Vishista-advaita Sampradaya
23 m ·
Dharmayoga is the union of duties and righteous actions (dharma) with bhakti in navigating a truth path towards liberation (moksha).
0 comments

Vishista-advaita Sampradaya
32 m ·
Satya-advaita or oneness with truth is the only framework of considerations needed for gyanayoga to acquire knowledge and wisdom.
0 comments

Vishista-advaita Sampradaya
39 m ·
Karmayoga should therefore be defimed as karma (actions) performed in bhakti (devotioaĺ surrender to God).
0 comments

Vishista-advaita Sampradaya
46 m ·
Karma is just the work one does. Without combining karma (actions) and bhakti neither is said to be a form of yoga (which is simply union with something).

Update:
Posted the emil received from the Court of Appeal and the email sent to the Central London County Court tweeting, facebooking and posting on Linkedin before 5.00 pm on this Friday before having these lying around the computer so I can face the music:

https://www.knowledgeassessmentanddissemination.com/post/re-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015063

https://www.knowledgeassessmentanddissemination.com/post/re-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015063-1

Last Updated: 17.55 pm (UK-Time) 19 August 2022

Complaint of Abuse of Police Powers (Judicial Review Administrative Court CO/1680/2002)2
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
dpsmailbox-.cru@met.police.uk, enquiries@policeconduct.gov.uk, PSD Complaints Kent
Cc:
Administrative Court Office Case Progression, Enquiries Medway County Court
Fri, 19 Aug at 07:59

To
Metropolitan Police
Independent Office for Police Conduct
Professional Standards Department Kent Police

Dear Sirs

Would what I have surmised in the link attached be an accurate representation of the due process for the eventual Judicial Review of the matter in due course, once the Metropolitan Police has made its final decision on whether there was an abuse of powers at Kent Police, and then Medway County Court has ruled on the Injunction applied for under Claim J00ME572?

Role of the Metropolitan Police in monitoring the Police Forces around the country is clarified | The Conservative Lib (theconservativelibertariansociety.com)
https://www.theconservativelibertariansociety.com/forum/tclp-uk-proceedings/role-of-the-metropolitan-police-in-monitoring-the-police-forces-around-the-country-is-clarified
Role of the Metropolitan Police in monitoring the Police Forces around t...
Further to my investigation of whether the Metropolitan Police has overall control over the individual police fo...

Thank you for your immediate attention. If the process needs to be revised, it will be in all our interests that the process in known to all parties.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619
Link contents:
Role of the Metropolitan Police in monitoring the Police Forces around the country is clarified
in TCLP-UK proceedings
Further to my investigation of whether the Metropolitan Police has overall control over the individual police forces of England, Wales and Northern Ireland, I have had correspondence with them and they have clarified that the only way they would get involved in a complaint by a citizen that the local Police Force under which they live have abused their powers in dealing with crimes alleged if the matter is referred to the Metropolitan Police by the Independent Office for Police

Conduct (IOPC). It is therefore for the IOPC to investigate complaints and do the referral in conjuction with the Professional Standards Department (PSD) of the Police Force concerned.

In my case of complaint against Kent Police, no such referral has been made and so the Metropolitan Police cannot get involved. The IOPC has not written to me on the matter so that it must be assumed that it is still conducting its investigation in the PSD of Kent Police. The latest communication is linked:

Automatic reply: JUDICIAL REVIEW: CASE REFERENCE NO CO/1680/2002 (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/automatic-reply-judicial-review-case-reference-no-co-1680-2002

Complaint of Abuse of Police Powers (Judicial Review Administrative Court CO/1680/2002)2
Yahoo
/
Inbox
!enquiries <enquiries@policeconduct.gov.uk>
To:
Shantanu Panigrahi
,
reply
Fri, 19 Aug at 07:59
Thank you for contacting the Independent Office for Police Conduct (IOPC). We are receiving a high number of enquiries and we will respond to your email within 10 working days. In the meantime, you may find the information below useful.
How to make a complaint
The quickest and easiest way to submit a complaint is via our online complaint form. We will send your complaint directly to the police force involved. The Professional Standards Department (PSD) for the police force will usually respond to your complaint within 15 working days.
Concerns with an ongoing complaint investigation
The IOPC has limited involvement in ongoing complaints handled by the police force's PSD. If you have an ongoing complaint being handled by the PSD and want to ask for an update, or express any concerns or criticisms, you should contact the PSD directly. Please telephone 101 for the PSD contact details.
The outcome of your complaint and right of review
If you received an outcome letter for your complaint, it may offer you the right to ask for a review. A review can only be considered by the relevant review body. Your outcome letter should name the relevant review body and tell you where to send a request for review. Please ensure any request for review is sent as soon as possible and before the deadline stated in the outcome letter.
Reporting a crime
If you wish to report a crime, you must report it directly to the police. If you fear for your safety or are in immediate danger you should ring 999.
If your email falls into one of the categories above or you have copied the IOPC into your email, you may not receive a response. However, if you have any more questions please contact 0300 020 0096.
We welcome correspondence in Welsh. We will respond to you in Welsh and that this will not lead to delay.
Rydym yn croesawu gohebiaeth yn Gymraeg. Byddwn yn ymateb i chi yn Gymraeg ac na fydd hyn yn arwain at oedi.

Hide original message

Auto Reply
Yahoo
/
Inbox
dpsmailbox-.cru@met.police.uk
To:
shantanupanigrahi@yahoo.com
Fri, 19 Aug at 07:59
Thank you for contacting the Metropolitan Police Complaints Resolution Unit, we will respond to your enquiry as soon as possible. We aim to do so within a few days.
Enquiries relating to existing matters will be passed to the officer or team responsible for the investigation, who will respond to you.
If you need the police now you should contact the MPS by telephone using the 101 service. Some services are available on the 'contact us' section of our website www.met.police.uk. In an emergency, always contact 999.

Update:
At 10.30 am with no emailed replies from anywhere postred the above, tweeting, facebooking and posting it on LinkedIn
https://www.knowledgeassessmentanddissemination.com/post/complaint-of-abuse-of-police-powers-judicial-review-administrative-court

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Last Update: 10.37 am (UK-Time) 19 August 2022

The limitless powers of the Police Force in England, Wales and Northern Ireland
https://www.theconservativelibertariansociety.com/post/the-limitless-powers-of-the-police-force-in-england-wales-and-northern-ireland

From the lack of a reply from the Professional Standards Department of Kent Police, the Independent Office for Police Conduct, the Metropolitan Police, the Administrative Court of the Queen's Bench (High Court) and Medway County Court, one might find it easy to assume that the Police in England, Wales and Northern Ireland have limitless powers, short of capital punishment to harass and persecute those who are intent on going their own way of conscientious objection to the status quo and live in seclusion peacefully:
https://www.knowledgeassessmentanddissemination.com/post/complaint-of-abuse-of-police-powers-judicial-review-administrative-court

It is therefore for a dharmayogi to determine the precise extent of the powers that the Police have in terms of search warrants, arresting without arrest warrants that a suspect can appeal against and arresting without access to Solicitors supervision for the suspect, confiscation of property for indefinite periods, engaging in dubious procedural practices to avoid being policed themselves by making themselves amenable to the Judicial processes of the country, and finally to have proof that the Courts themselves are complicit in protecting the integrity of such a Police Force by keeping silent to applications for injunctions that attempts to stop the Police unnecessarily and with malice targeting individuals with their terroristic practices in relation to which I consider myself to being the victim of a Hate Crime against me by the Chief Constable of Kent Police.

The Court of Public Opinion does not serve any useful purpose: when I first came to the United Kingdom as a 15 year old I recall a film in the cinema hall that stated in the title 'All the coppers are bastards' and it is no wonder that this kind of realisation led to the wonderful series of Porridge with Ronnie Barker as the main actor resisting the persecution with 'do not let the bastards grind you down'.

As I said to the Administrative Court, I have learnt from bitter experience never to Appeal a decision of Court in the United Kingdom for it leads to jumping from the frying pan pan of civil-victimisation into the frying pan of a mental hospital or worse the prison cell that I have avoided since 2008. So the proceedings have run its course today, if I do not make a final attempt to prove all of this. For one needs proof in concrete Court paperwork to establish the facts that I am complaining about.

RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015063
Yahoo
/
Inbox
Civil Appeals - Registry <civilappeals.registry@justice.gov.uk>
To:

'Shantanu Panigrahi'
Fri, 19 Aug at 11:53
Dear Sir,

It is not possible for the Judiciary of the Court of Appeal to intervene in these matters. Mr Shantanu must apply to the County Court, in the normal way, for either a fee refund or for permission to appeal the order made by DJ Lightman. We cannot assist further.
With Regards
Ms Sybil Pratt
Civil Appeals Office| Room E308 | Royal Courts of Justice | Strand | London | WC2A 2LL | DX 44456 Strand |
Phone: 0207 947 7784
Email: civilappeals.registry@justice.gov.uk
Web: www.gov.uk/hmcts
For information on how HMCTS uses personal data about you please see:
https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/personal-information-charter

From: Shantanu Panigrahi [mailto:shantanupanigrahi@yahoo.com]
Sent: 02 August 2022 20:18
To: Civil Appeals - Registry
Subject: Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY

Dear Sir

With Regards to the Claimant's Discontinuance of Injunction and Money Claims Application as attached: Document_2022-05-13_152026.pdf, £100 Court Fee was paid to the County Court of Central London in respect of the Appeal of the attached Court Order: Central London County Court Order 21 June 2021 (District Judge Lightman).pdf, which has still to be refunded to me by HMCTS, so kindly endorse the application to Discontinue the civil proceedings utilising this Court Fee as I am broke.
Yours sincerely
Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

----- Forwarded message -----
From: Civil Appeals - Registry <civilappeals.registry@justice.gov.uk>
To: Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
Sent: Tuesday, 2 August 2022 at 19:50:49 BST
Subject: Civil Appeals - Registry postmaster: email received - DO NOT REPLY

For Professional Users
Please note that from Monday 14th February 2022 it is now mandatory for all professional users to submit all applications/correspondence via E-Filing.
HMCTS E-Filing service for citizens and professionals - GOV.UK (www.gov.uk)
FAQs on using the Courts Electronic Filing System (CE-File) | Practical Law (thomsonreuters.com)
For Unrepresented Parties only

URGENT applications should be submitted to the court via email to this address: civilappeals.urgentwork@justice.gov.uk between 9am and 4.15 pm
What may be deemed as urgent:
Cases where in the interests of justice a substantive decision is required within 7 days. The types of work listed below fall into this category

- Child cases
- Committal appeals
- Applications for stay of removal
- Evictions
- Cases (including ancillary applications) with a hearing listed in the Court of Appeal within the next month
- Applications for an urgent stay of execution
- Covid-19 related cases e.g. medical guidance regarding priority patients

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NON URGENT applications should be emailed to: civilappeals.registry@justice.gov.uk
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Fresh applications for permission to appeal must include:

- a completed appellant's notice (form N161);
- grounds of appeal on a separate sheet;
- The appropriate court fee via your PBA account, a completed Help with Fees form (EX160) or by contacting the *RCJ Fees Office (see attached)
- a copy of the sealed order being appealed.
- A transcript of judgment should also be provided if available (or should be ordered immediately)

The public counter at E307 (Registry) remains closed, however a drop box facility is available at the main entrance into the Royal Courts of Justice.
Once the appellant's notice is issued, all queries should continue to be emailed to the following addresses:
Civilappeals.cmsa@justice.gov.uk
Civilappeals.cmsb@justice.gov.uk
Civilappeals.cmsc@justice.gov.uk
Civilappeals.listing@justice.gov.uk
Civilappeals.associates@justice.gov.uk
The court will issue orders electronically in the first instance.

For information on how HMCTS uses personal data about you please see: https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/personal-information-charter
Customer feedback
The Court of Appeal – Civil Division accepts online complaints through the HMCTS online complaint form: https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/complaints-procedure
The online customer feedback system has been designed to help customers make an administrative complaint through the HM Courts & Tribunals Service process. It will also help us to learn from customer feedback to feed into possible improvements to the way we work.

This is an automated Delivery Response. Please do NOT reply to this email, it will NOT be viewed.

RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015063
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
Central London DJSKEL
Fri, 19 Aug at 12:38
To
The Justiciary at the Central London County Court
Your Honour
Please see the judgment of the Court of Appeal, and let me have permission to appeal District Judge Lightman's Order dated 21 June 2021 attached: CentralLondonCountyCourtOrder21 June 2021 District Judge Lightman).pdf, with the skeleton argument as linked here: The limitless powers of the Police Force in England, Wales and Northern Ireland (theconservativelibertariansociety.com)
https://www.theconservativelibertariansociety.com/post/the-limitless-powers-of-the-police-force-in-england-wales-and-northern-ireland
The limitless powers of the Police Force in England, Wales and Northern ...
From the lack of a reply from the Professional Standards Department of Kent Police, the Independent Office for P...
Yours sincerely
Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

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From: Civil Appeals - Registry <civilappeals.registry@justice.gov.uk>
To: 'Shantanu Panigrahi' <shantanupanigrahi@yahoo.com>
Sent: Friday, 19 August 2022 at 11:53:59 BST
Subject: RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-001506

Dear Sir,

It is not possible for the Judiciary of the Court of Appeal to intervene in these matters. Mr Shantanu must apply to the County Court, in the normal way, for either a fee refund or for permission to appeal the order made by DJ Lightman. We cannot assist further.

With Regards
Ms Sybil Pratt
Civil Appeals Office| Room E308 | Royal Courts of Justice | Strand | London | WC2A 2LL | DX 44456 Strand |
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Email: civilappeals.registry@justice.gov.uk
Web: www.gov.uk/hmcts
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https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/personal-information-charter

From: Shantanu Panigrahi [mailto:shantanupanigrahi@yahoo.com]
Sent: 02 August 2022 20:18
To: Civil Appeals - Registry
Subject: Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY

Dear Sir

With Regards to the Claimant's Discontinuance of Injunction and Money Claims Application as attached: Document_2022-05-13_152026.pdf, £100 Court Fee was paid to the County Court of Central London in respect of the Appeal of the attached Court Order: Central London County Court Order 21 June 2021 (District Judge Lightman).pdf, which has still to be refunded to me by HMCTS, so kindly endorse the application to Discontinue the civil proceedings utilising this Court Fee as I am broke.

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3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

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· a copy of the sealed order being appealed.
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Civilappeals.cmsc@justice.gov.uk
Civilappeals.listing@justice.gov.uk
Civilappeals.associates@justice.gov.uk
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For information on how HMCTS uses personal data about you please see:
https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/personal-information-charter
Customer feedback
The Court of Appeal – Civil Division accepts online complaints through the HMCTS online complaint form: https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/complaints-procedure
The online customer feedback system has been designed to help customers make an administrative complaint through the HM Courts & Tribunals Service process. It will also help us to learn from customer feedback to feed into possible improvements to the way we work.

This is an automated Delivery Response. Please do NOT reply to this email, it will NOT be viewed.

Attachment:
CentralLondonCountyCourtOrder 21 June 2021 (District Judge Lightman).pdf 783.5kB:
General Form of Judgment or Order
In the County Court at Central London
Claim Number E35YM660
Date 21 June 2021
(The County Court Sealed)
DR SHANTANU PANIGRAHI 1st Claimant Ref
MRS THERESA MAY – PRIME MINISTER OF THE UNITED KINGDOM 1ST Defendant Ref Z1819776/H019
Before District Judge Lightman sitting at the County Court at Central London, Thomas More Building, Royal Courts of Justice, Strand, London, WC2A 2LL.
IT IS ORDERED THAT
1. It is recorded that:
(a). The Court has sought to join the Claimant in the BT Meet Me hearing listed for today at 11.40 am. The Court telephoned at least thrice the Claimant on the telephone number given by him in his application dated 19 June 2021 as 07967789619 but the telephone was not picked up.
(b) The application dated 19 June 2021 of the Claimant to adjourn be refused.
(c) Today's hearing is merely to assess costs. The District Judge today has no other jurisdiction.
2. The Claim Form having been struck out, judgment for the Defendant.
3. Claimant shall pay the Defendant's costs assessed in total as £4,170 payable by 4 pm on 5 July 2021.
Dated 21 June 2021

The Court office at the County Court at Central London, Thomas More Building, Royal Courts of Justice, Strand, London, WC2A 2LL.When corresponding with the court please address forms or letters to the Court Manager and quote the Claim Number. Tel 0300 123 5577. Check if you can issue your claim online. It will save you time and money. Go to www.moneyclaim.gov.uk to find out more.
N1 General Form of Judgment or Order
Produced by S. Mirza
CJR 005C

Central London DJSKEL <centrallondondjskel@justice.gov.uk>
To:
Shantanu Panigrahi
Fri, 19 Aug at 12:38
Thank You for your email message which is now in the judicial email inbox. This inbox is only viewed by judiciary and court staffs do not have access to this account. This auto response confirms that the message has arrived and will be dealt with in due course.
Thank You

Reply, Reply all or Forward

14.21 pm (UK-Time) 19 August 2022

Update:
They were avoiding the evidence and I felt vulnerable with the silence so forwarded the email from the Central London County Court to Kent Police for action:

Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015062
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
Enquiries Kent Police
Fri, 19 Aug at 17:21

To
Kent Police

Dear Sirs

Kindly note the following legal proceedings of the day and advise me as to what action Kent Police is taking under the circumstances.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

Hide original message
----- Forwarded message -----
From: Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To: Central London DJSKEL <centrallondondjskel@justice.gov.uk>
Sent: Friday, 19 August 2022 at 12:38:08 BST
Subject: Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-001506

To
The Justiciary at the Central London County Court

Your Honour

Please see the judgment of the Court of Appeal, and let me have permission to appeal District Judge Lightman's Order dated 21 June 2021 attached: CentralLondonCountyCourtOrder21 June 2021 District Judge Lightman).pdf, with the skeleton argument as linked here: The limitless powers of the Police Force in England, Wales and Northern Ireland (theconservativelibertariansociety.com)
https://www.theconservativelibertariansociety.com/post/the-limitless-powers-of-the-police-force-in-england-wales-and-northern-ireland
The limitless powers of the Police Force in England, Wales and Northern ...
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Yours sincerely

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Wigmore
Gillingham
Kent ME8 0SL
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Sent: Friday, 19 August 2022 at 11:53:59 BST
Subject: RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-001506

Dear Sir,

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With Regards
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Email: civilappeals.registry@justice.gov.uk
Web: www.gov.uk/hmcts
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Subject: Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY

Dear Sir

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Kent ME8 0SL
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From: Civil Appeals - Registry <civilappeals.registry@justice.gov.uk>
To: Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
Sent: Tuesday, 2 August 2022 at 19:50:49 BST
Subject: Civil Appeals - Registry postmaster: email received - DO NOT REPLY
For Professional Users
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HMCTS E-Filing service for citizens and professionals - GOV.UK (www.gov.uk)
FAQs on using the Courts Electronic Filing System (CE-File) | Practical Law (thomsonreuters.com)
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· Covid-19 related cases e.g. medical guidance regarding priority patients

This auto response is confirmation that your email has been received. Staff will follow the internal processes that have been established to process your application as quickly as possible.
NON URGENT applications should be emailed to: civilappeals.registry@justice.gov.uk
This auto response is confirmation that your email has been received and you will not receive a separate acknowledgement. Your application will be dealt with as the court increases its capacity to manage new non urgent work.
All appellant's notices will be accepted in the first instance on the basis that they may be rejected at a later date for want of jurisdiction.
Fresh applications for permission to appeal must include:

· a completed appellant's notice (form N161);
· grounds of appeal on a separate sheet;
· The appropriate court fee via your PBA account, a completed Help with Fees form (EX160) or by contacting the *RCJ Fees Office (see attached)
· a copy of the sealed order being appealed.
· A transcript of judgment should also be provided if available (or should be ordered immediately)

The public counter at E307 (Registry) remains closed, however a drop box facility is available at the main entrance into the Royal Courts of Justice.
Once the appellant's notice is issued, all queries should continue to be emailed to the following addresses:
Civilappeals.cmsa@justice.gov.uk
Civilappeals.cmsb@justice.gov.uk
Civilappeals.cmsc@justice.gov.uk
Civilappeals.listing@justice.gov.uk
Civilappeals.associates@justice.gov.uk
The court will issue orders electronically in the first instance.
For information on how HMCTS uses personal data about you please see:
https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/personal-information-charter
Customer feedback
The Court of Appeal – Civil Division accepts online complaints through the HMCTS online complaint form: https://www.gov.uk/government/organisations/hm-courts-and-tribunals-service/about/complaints-procedure
The online customer feedback system has been designed to help customers make an administrative complaint through the HM Courts & Tribunals Service process. It will also help us to learn from customer feedback to feed into possible improvements to the way we work.

This is an automated Delivery Response. Please do NOT reply to this email, it will NOT be viewed.

This e-mail and any attachments is intended only for the attention of the addressee(s). Its unauthorised use, disclosure, storage or copying is not permitted. If you are not the intended recipient, please destroy all copies and inform the sender by return e-mail. Internet e-mail is not a secure medium. Any reply to this message could be intercepted and read by someone else. Please bear that in mind when deciding whether to send material in response to this message by e-mail.
This e-mail (whether you are the sender or the recipient) may be monitored, recorded and retained by the Ministry of Justice. Monitoring / Blocking software may be used, and e-mail content may be read at any time. You have a responsibility to ensure laws are not broken when composing or forwarding e-mails and their contents.

Attachement
CentralLondonCountyCourtOrder 21 June 2021 (District Judge Lightman).pdf 783.5kB

No reply came from Kent Police and spotting an opportunity to revive E35YM660, posted my email to Kent Police. Tweeting, facebooking and posting it on LinkedIn

https://www.knowledgeassessmentanddissemination.com/post/fw-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015062

18.45 pm (UK-Time) 19 August 2022

FW: Awaiting your response3
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
DP (doniy464po1nk@gmail.com)
Cc:
Enquiries Kent Police, Enquiries Medway County, Central London DJSKEL,
ravi.patel@governmentlegal.gov.uk Orla Scanlan
Fri, 19 Aug at 19:02

Dear Dimple

1. I am interested in your proposals but will not be in a position to take advantage of it for around a month. This is because I am expecting the County Court of Central London to issue its decision on whether my Application for Permission to Appeal District Judge Lightman's Order dated 21 June 2021 would be dealt with at a Hearing to which Kent Police's Chief Constable in person or his Counsel/Solicitor in person (Orla Scanlan) should attend or whether the case does not require a Hearing for a Default Judgment in favour of the Claimant on the grounds that Kent Police never in the past few years submitted a Defence to this litigation or that issued by me at any other that were taken out at the Queen's Bench (Clam No HQ17X01773) and at Medway County Court (Claim Number J00ME572). It is not even acknowledging receipt of the linked communication:
Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015062 (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/fw-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015062
Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY C...
Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015062 Yahoo / Sent Shantanu Pan...

2. Mr Boris Johnson has also not provided a Defence to the UpToDate Particulars of Clam.

3. Once the Judgement on the Permission to Appeal is known I would be command of my financial resources to recruit your services.

4. Thank you for your generous offer to assist me in developing my websites but please send me your price list in the meantime as I have had other offers namely from Gaurav Singh.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

Hide original message
On Friday, 19 August 2022 at 15:49:54 BST, DP <doniy464pomk@gmail.com> wrote:
Hello,
Following up on my last email.
Can we schedule a call on Monday (22nd August) or Tuesday (23rd August) so we can discuss IT/Non-IT Staffing Solutions for you?
Please suggest a day and time to connect and also share the best phone number to reach you.
Thank you
Dimple Pundhir
On Tuesday 12 July 2022 5:43 PM, Dimple Pundhir wrote:
Hello - Greetings,
We are a leading technology company for software development & IT/Non-IT Staffing Solutions having successfully delivered 500+ projects across the globe and deployed professionals for wide range of skillsets.
Hire from our diverse range of resources as per your requirement:
IT Engineers – Consultants, Developers and Designers
Sales and Customer Service Professionals
Human Resource (HR) professionals and Recruiters
Accounts & Finance
Internet Marketing
Content Writing
Data Entry
….and much more
If you would like a fixed quote for our software development services, please do share the project details.
Can we schedule a quick call to discuss further in details? Please let us know.
Thank you
Dimple Pundhir

Central London DJSKEL <centrallondondjskel@justice.gov.uk>
To:
Shantanu Panigrahi

Fri, 19 Aug at 19:02

Thank You for your email message which is now in the judicial email inbox. This inbox is only viewed by judiciary and court staffs do not have access to this account. This auto response confirms that the message has arrived and will be dealt with in due course.

Thank You

bear that in mind when deciding whether to send material in response to this message by e-mail. This e-mail (whether you are the sender or the recipient) may be monitored, recorded and retained by the Ministry of Justice. Monitoring / blocking software may be used, and e-mail content may be read at any time. You have a responsibility to ensure laws are not broken when composing or forwarding e-mails and their contents.

20.12 pm (UK-Time) 19 August 2022

Update:
On this Saturday morning when the Courts are closed unless they have Duty Judges for someone to be monitoring emails coming in and in any case Kent Police and Dimple Pundhir must have seen the email that I sent, the mind was in a jumble with so many options which I felt had to be narrowed down to the single path of truth to chart my way forwards; so I published my email to Dimple and co early in the morning to force the issue through the weekend.
https://www.knowledgeassessmentanddissemination.com/post/fw-awaiting-your-response

For Kent Police could have take action against me today, so the details had to be in the public domain. Now I have the options for Defence. Any further moves by me would be cowardice.

07.09 am (UK-Time) 20 August 2022

Letting loose the kutias of war
Inbox

from: VOPA <martycaine@gmail.com> via dizum.com
to: shanpanigrahi3000@gmail.com,
shantanupanigrahi@yahoo.com
date: 20 Aug 2022, 09:17
subject: Letting loose the kutias of war
mailed-by: dizum.com
security: dizum.com did not encrypt this message Learn more
: Important according to Google magic.
Cher Shan,

Your email of 3.24 pm on 16 August has been forwarded to me, and I take the liberty of quoting from it -

> Egregious_G......
> All my attempts were thwarted by racial discrimination as a > Hate Crime......
> I had done nothing wrong and considered that the Prime Minister had thee overall responsibility to reign in the mental health authorities and the VOPA criminals......

What is a Gomma? Egregious_C was a contraction of Egregious_Comma or alternatively Egregious_Colon. I don't know what a "Gomma" is.

Like all offenders, naturally you assert you had done nothing wrong. In your book or books, harassing, stalking, insulting and libelling two to three thousand victims is perfectly all right.

Unless, of course, that "victim" is you, Shan.

Someone with whom I work very closely had previously drawn your attention, by inclusion of your word in quotation marks, to your own baseless plaint of "rascism", whatever that might have been.

Now we note that you confused "reign" & "rein". Her Majesty, a lover of fine horseflesh, would not be amused - if one of us were to bring your unending spew of delusional vomit to H.M.'s attention, that is. An exceptionally unlikely development.

"Thee" provocation and criminality by you seems endless. There is no need to add to your charge sheet your offences against our language. Perhaps it would be better if you confined yourself to writing in Oriya, in which you might be proficient?

We've had our fill of you, Shan, and drastic steps are going to be taken. Your casual remarks about beheading a hard-working lady in her nineties, someone who is beloved by tens if not hundreds of millions of people, have not yet been put before a member of the justiciary. Do you have difficulty in recalling the promise that you would have to learn how to piss through your nose, maybe your ears too?

If your websites disappear, or become unfindable by a SE, and you erase all your social media identities, and your wayback-machine account vanishes, and all this happens within short order, we may relent. Otherwise, the die is cast, and all the shrinks' men won't be able to put you together again.

You've seen nothing yet from us. We have been exercising a degree of superhuman restraint. Personally, I hope you ignore this very final peace offering, and we unleash upon you, and yours, the hellish kutias of war. The blood and suffering of your decades-worth of victims shriek out for ultimate retaliation & revenge.

Could be, you'll start by having to re-learn the most rudimentary and fundamental toilet techniques? Sounds like fun.

Yours truly,

Bury   (sent via VOPA Central email portal)

Letting loose the kutias of war
Yahoo
/
Spam
VOPA <martycaine@gmail.com>
To:
shanpanigrahi3000@gmail.com, shantanupanigrahi@yahoo.com
Sat, 20 Aug at 09:17

Cher Shan,
Your email of 3.24 pm on 16 August has been forwarded to me, and I take the liberty of quoting from it -
Egregious_G......
All my attempts were thwarted by racial discrimination as a Hate Crime...... I had done nothing wrong and considered that the Prime Minister had thee overall responsibility to reign in the mental health authorities and the VOPA criminals......

What is a Gomma? Egregious_C was a contraction of Egregious_Comma or alternatively Egregious_Colon. I don't know what a "Gomma" is.

Like all offenders, naturally you assert you had done nothing wrong. In your book or books, harassing, stalking, insulting and libelling two to three thousand victims is perfectly all right.

Unless, of course, that "victim" is you, Shan.

Someone with whom I work very closely had previously drawn your attention, by inclusion of your word in quotation marks, to your own baseless plaint of "rascism", whatever that might have been.

Now we note that you confused "reign" & "rein". Her Majesty, a lover of fine horseflesh, would not be amused - if one of us were to bring your unending spew of delusional vomit to H.M.'s attention, that is. An exceptionally unlikely development.

"Thee" provocation and criminality by you seems endless. There is no need to add to your charge sheet your offences against our language. Perhaps it would be better if you confined yourself to writing in Oriya, in which you might be proficient?

We've had our fill of you, Shan, and drastic steps are going to be taken. Your casual remarks about beheading a hard-working lady in her nineties, someone who is beloved by tens if not hundreds of millions of people, have not yet been put before a member of the justiciary. Do you have difficulty in recalling the promise that you would have to learn how to piss through your nose, maybe your ears too?

If your websites disappear, or become unfindable by a SE, and you erase all your social media identities, and your wayback-machine account vanishes, and all this happens within short order, we may relent. Otherwise, the die is cast, and all the shrinks' men won't be able to put you together again.

You've seen nothing yet from us. We have been exercising a degree of superhuman restraint. Personally, I hope you ignore this very final peace offering, and we unleash upon you, and yours, the hellish kutias of war. The blood and suffering of your decades-worth of victims shriek out for ultimate retaliation & revenge.

Could be, you'll start by having to re-learn the most rudimentary and fundamental toilet techniques? Sounds like fun.

Yours truly,

Bury (sent via VOPA Central email portal)

Deleted both the emails from the gmail and yahoo accounts as I cannot acknowledge them for unknown people wish to gain entry into E35YM660.

09.47 am (UK-Time) 20 August 2022

Updated:
Posted the emails, tweeting, facebooking and posting it on LinkedIn so that it can all be taken into account by the Powers that be of the State of the United Kingdom now:

https://www.knowledgeassessmentanddissemination.com/post/letting-loose-the-kutias-of-war

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Last Updated: 10.01 am (UK-Time) 20 August 2022

APPEAL OF THE DECISION OF THE COURT OF APPEAL
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
registry@supremecourt.uk
Sat, 20 Aug at 11:05

To
The Justices
Supreme Court of the United Kingdom
Royal Courts of Justice
Strand
London WC2A 2LL

For the attention of the Duty Judge to act immediately

Dear Sir

The Court of Appeal has evidently erred in law in issuing me with the linked email RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015063 (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/re-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015063
RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY C...
RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015063 Yahoo / Inbox Civil Appea...

This is clear from the fact that I have since sent emails to the Court of Central London for Permission to Appeal E35YM660, as linked here: RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015063 (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/re-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015063-1
RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY C...
RE: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015063 Yahoo / Sent Shantanu Pan...

When no reply was received by me by 5.00 pm yesterday, I enquired with Kent Police as to what action it is taking on the matter as linked here: Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015062 (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/fw-civil-appeals-registry-postmaster-email-received-do-not-reply-ca-2022-0015062
Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY C...
Fw: Civil Appeals - Registry postmaster: email received - DO NOT REPLY CA-2022-0015062 Yahoo / Sent Shantanu Pan...

I then sent a further reminder to the parties concerned but excluding the organisation calling itself Victims of Panigrahi Association (VOPA), as linked here: FW: Awaiting your response (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/fw-awaiting-your-response

FW: Awaiting your response
FW: Awaiting your response3 Yahoo / Sent Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To: DP (doniy464po1nk@...

This morning it is 10 am and none of the core parties like Orla Scanlan, Kent Police, Boris Johnson, Central London Courty Court, the Administrative Court of the Queens Bench in the High Court, and Medway County Court have given me any information, but I did receive an intimidatory and bullying email from Mr Bury/Mr Marty Caine of VOPA, as linked here:
Letting loose the kutias of war (knowledgeassessmentanddissemination.com)
https://www.knowledgeassessmentanddissemination.com/post/letting-loose-the-kutias-of-war
Letting loose the kutias of war
Letting loose the kutias of war Inbox from: VOPA <martycaine@gmail.com> via dizum.com to: shanpanig...

I am therefore turning as is constitutionally correct to appeal the Court of Appeals decision at the Justices of the Supreme Court of the United Kingdom for immediate resolution of the dispute.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

11.23 am (UK-Time) 20 August 2022

Negotiations to Resolve the War:2
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
martycaine@gmail.com
Sat, 20 Aug at 11:56

To
Bury
Victims of Panigrahi Association (VOPA)
Sent through Mr Marty Caine at the VOPA Portal but not through server dizum.com

Dear Sirs

I understand from your emails this morning attached [FrMartyCaine(Bury)20Aug2022] that you have some grievances against me. Essentially, you believe that I have harassed and intimidated members of VOPA through emails and legal proceedings and these may total 2000-3000 innocent law-abiding citizens of the United Kingdom over the past 24 years.

I wish to clarify that I am not going to quibble with the exact terms of the settlement. You wish me to take off my websites: as attached: SHANTANU PANIGRAHI CURRENT WEBSITES PLATFORM.docs.

I am a law-abiding citizen and if that is the overwhelming verdict of the State conveyed to me through VOPA in light of the attached deliberations of the Justices of the Supreme Court of the United Kingdom ToSupremeCourtofUnitedKingdom(APPEAL OF THE DECISION OF THE COURT OF APPEAL)20Aug2022.docx, then so be it. I will comply with your request and even forego the £55,000 severance payment owed to me by the University of Greemwich and the Refund of £4170 that I paid as costs to the Cabinet Office in respect of Claim E35YM660.

Please let me know if this will satisfy you and bring this war to an end.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619
Download all attachments
FrMartyCaine(Bury)VOPA20Aug2022.docx 15.5kB (as above, except b)
(b) SHANTANU PANIGRAHI CURRENT WEBSITES PLATFORM.docx 24.5kB
ToSupremeCourtof UnitedKingdom(APPEAL OF THE DECISION OF THE COURT OF APPEAL)20Aug2022.docx 14.2kB
(b) SHANTANU PANIGRAHI'S CURRENT WEBSITES PLATFORM
(1) https://facebook.com/shantanu.panigrahi.10
(2) https://linkedin.com/in/shantanu-panigrahi-a120b267/
(3) https://you.38degrees.org.uk/my-campaigns
(4) https://www.theconservativelibertariansociety.com/
(5) http://vishistaadvaitavedanta.com
(6) http://pub46.bravenet.com/forum/3871902446/
(7) https://theconservativelibertarianpartyoftheunitedkingdom.com
(8) https://the-conservative-libertarian-party-of-usa.odoo.com/forum/help-1/good-evening-folks-i-love-america-1
(9) https://the-conservative-libertarian-party-of-usa.odoo.com/
(10) https://theallurementofrealityinreview.com
(11) https://knowledgeforworldconservation.com
(12) https://thenewclimateformankind.com
(12) https://www.facebook.com/The-Allurement-of-Reality-103913214489188
(13) https://www.facebook.com/Searching-for-Mental-Health-Services-109620160474768
(14) https://www.facebook.com/The-Climate-Change-Phenomenon-108699507381019
(15) https://www.facebook.com/GAZA-Humanitarian-Crisis-106512067433250
(16) https://www.linkedin.com/in/shantanu-panigrahi-a120b267/detail/recent-activity/
(17) https://mobile.twitter.com/ShantanuPanigr8
(18) https://www.facebook.com/Legal-and-Mental-Health-Resolutions-109541084553258

(19) https://www.facebook.com/Spirituality-The-Inner-Light-102586688898899/
(20) https://www.thelibertariandemocrats.com/
(21) https://www.newsandviewsfromalibertariandemocrat.com/
(22) https://knowledgeassessmentanddissemination.com
(23) https://www.lulu.com/spotlight/the-allurementofrealityofshantanupanigrahi

Summary of Platform
https://www.theconservativelibertariansociety.com/
http://vishistaadvaitavedanta.com
http://pub46.bravenet.com/forum/3871902446/
https://www.newsandviewsfromalibertariandemocrat.com/
https://knowledgeassessmentanddissemination.com
https://theallurementofrealityinreview.com
https://knowledgeforworldconservation.com
https://www.thelibertariandemocrats.com/
https://thenewclimateformankind.com
https://www.lulu.com/spotlight/the-allurementofrealityofshantanupanigrahi
https://archive.org/details/@panigrahi491

(24)
https://www.thenewclimateformankind.com/post/an-autobiographical-exploration-of-reality-in-52-sections

Internet Archived Books (52): https://archive.org/details/@panigrahi491
https://archive.org/details/a-conception-of-reality-digital_202205
https://archive.org/details/navigating-the-state-of-the-united-kingdom-digital_202205
https://archive.org/details/searching-for-mental-health-services-digital_202205
https://archive.org/details/karma-in-sanatan-dharma-digital-2_202205
https://archive.org/details/the-preliminaries-of-an-allurement-of-reality-digital_202205
https://archive.org/details/the-climate-change-phenomenon-digital_202205
https://archive.org/details/maryada-purushottama-bhagwan-ram-digital-1_202205
https://archive.org/details/truth-accommodation-digital-1_202205
https://archive.org/details/autobiography-of-a-sadhaka-in-samadhi-digital_202205
https://archive.org/details/post-realisation-musings-digital_202205
https://archive.org/details/picking-up-the-pieces-digital_202205
https://archive.org/details/misecllany-digital-1_202205
https://archive.org/details/mind-and-mindfulness-digital-1_202205
https://archive.org/details/sri-krishna-s-maya-digital-1_202205
https://archive.org/details/the-final-unfolding-of-truth-digital-1_202205
https://archive.org/details/a-review-of-the-status-quo-digital_202205
https://archive.org/details/tidying-up-loose-ends-digital_202205
https://archive.org/details/managing-the-environment-digital_202205
https://archive.org/details/the-evolution-of-democratic-ideals-digital_202205
https://archive.org/details/the-world-serving-nature-digital_202205
https://archive.org/details/withstanding-state-organised-persecution-digital_202205
https://archive.org/details/passage-to-india-digital_202205
https://archive.org/details/back-to-square-one-digital_202205
https://archive.org/details/a-new-beginning-beckons-digital_202205
https://archive.org/details/loyalty-in-jeopardy-digital-1
https://archive.org/details/hitting-back-in-dharmayudha-digital_202205
https://archive.org/details/diary-of-a-paranoid-schizophrenic-digital_202205

https://archive.org/details/defamatory-persecution-squashed-digital_202205
https://archive.org/details/life-beyond-gyan-yoga-digital-2
https://archive.org/details/the-aftermath-of-conflict-digital_202205
https://archive.org/details/footnotes-to-the-allurement-of-reality-digital-1
https://archive.org/details/a-constructive-life-digital_202205
https://archive.org/details/a-new-climate-for-mankind-digital_202205
https://archive.org/details/paramarthika-dharma-digital_202205
https://archive.org/details/resting-on-ones-laurels-digital_202205
https://archive.org/details/the-final-straight-digital_202205
https://archive.org/details/post-mortem-digital_202205
https://archive.org/details/truth-is-cure-all-digital_202205
https://archive.org/details/what-advaita-and-why-advaita-digital_202205
https://archive.org/details/last-cries-of-the-vanquished-digital_202205
https://archive.org/details/collapse-of-western-civilisation-digital_202205
https://archive.org/details/science-religion-and-philosophy-digital_202205
https://archive.org/details/a-legacy-of-knowledge-accumulation-digital_202205
https://archive.org/details/dealing-with-international-criminals-digital_202205
https://archive.org/details/dictatorial-monarch-in-the-united-kingdom-digital_202205
https://archive.org/details/power-corrupts-digital_202205
https://archive.org/details/the-conservative-libertarian-society-digital_202205
https://archive.org/details/judgement-pending-digital_202205
https://archive.org/details/conscientious-objection-as-a-defence-digital_202205
https://archive.org/details/litigation-is-the-best-form-of-defence-digital_20220514
https://archive.org/details/final-resolution-digital_20220518
https://archive.org/details/preserving-the-rule-of-law-digital_20220602
https://archive.org/details/medical-support-to-withstand-persecution-digital_202206
https://archive.org/details/the-crunch-time-digital_20220616
https://archive.org/details/hindu-spirituality-condensed-digital_20220621
https://archive.org/details/god-and-creation-digital_20220627_1801
https://archive.org/details/prospects-for-a-confirmed-vishista-advaitist-digital_202207
https://archive.org/details/being-my-free-self-digital_20220705
https://archive.org/details/spontaneity-of-actions-digital_202207
https://archive.org/details/and-now-to-the-mundane-digital_20220709_1935
https://archive.org/details/life-in-the-slow-lane-digital_20220715_1816
https://archive.org/details/cessation-of-suffering-digital_202207
https://archive.org/details/freeing-from-the-cluitches-of-demons-digital
https://archive.org/details/reputation-matters-digital_20220730_1823
https://archive.org/details/the-journey-continues-digital_20220805
https://archive.org/details/sorting-out-the-rubbish-digital_20220809_0905
https://archive.org/details/winner-takes-all-digital_20220811_2152
https://archive.org/details/reforming-the-constitution-of-the-united-kingdom-digital_20220814
https://archive.org/details/putting-devotional-bhakti-to-the-test-digital
https://archive.org/details/piss-taking-as-an-art-form-digital_202208
https://archive.org/details/dharmayoga-digital
(____

Negotiations to Resolve the War:2
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:

Enquiries Kent Police
Sat, 20 Aug at 12:17

To
Kent Police

Dear Sirs

Does Kent Police know about this matter?

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

Hide original message
----- Forwarded message -----
From: Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To: martycaine@gmail.com <martycaine@gmail.com>
Sent: Saturday, 20 August 2022 at 11:56:14 BST
Subject: Negotiations to Resolve the War:

To
Bury
Victims of Panigrahi Association (VOPA)
Sent through Mr Marty Caine at the VOPA Portal but not through server dizum.com

Dear Sirs

I understand from your emails this morning attached [FrMartyCaine(Bury)20Aug2022] that you have some grievances against me. Essentially, you believe that I have harassed and intimidated members of VOPA through emails and legal proceedings and these may total 2000-3000 innocent law-abiding citizens of the United Kingdom over the past 24 years.

I wish to clarify that I am not going to quibble with the exact terms of the settlement. You wish me to take off my websites: as attached: SHANTANU PANIGRAHI CURRENT WEBSITES PLATFORM.docs.

I am a law-abiding citizen and if that is the overwhelming verdict of the State conveyed to me through VOPA in light of the attached deliberations of the Justices of the Supreme Court of the United Kingdom ToSupremeCourtofUnitedKingdom(APPEAL OF THE DECISION OF THE COURT OF APPEAL)20Aug2022.docx, then so be it. I will comply with your request and even forego the £55,000 severance payment owed to me by the University of Greemwich and the Refund of £4170 that I paid as costs to the Cabinet Office in respect of Claim E35YM660.

Please let me know if this will satisfy you and bring this war to an end.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

Download all attachments as a zip file
FrMartyCaine(Bury)VOPA20Aug2022.docx 15.5kB
SHANTANU PANIGRAHI CURRENT WEBSITES PLATFORM.docx 24.5kB
ToSupremeCourtof UnitedKingdom(APPEAL OF THE DECISION OF THE COURT OF APPEAL)20Aug2022.docx 14.2kB

12.36 pm (UK-Time) 20 August 2022

RE: RE: First
Inbox

rom: Arun Yadav <arun@orbitmediasolution.com>
to: shanpanigrahi3000@gmail.com
date: 20 Aug 2022, 13:44
subject: RE: RE: First
Signed by: orbitmediasolution-com.20210112.gappssmtp.com
security: Standard encryption (TLS) Learn more
: Important mainly because it was sent directly to you.
Hi,

Kindly treat this as a gentle follow up mail as I was wondering if you have gone through my previous mail,
Please let me know your views so that we can take this forward.
Waiting for your response.
--
Regards,
Arun Yadav | Director
OMS Technologies Pvt. Ltd
Skype : orbitmediasolution
WhatsApp : +91-9821.6868.85

From: Arun Yadav [mailto:arun@orbitmediasolution.com]
Sent: Thursday, August 18, 2022 3:26 PM
To: 'shanpanigrahi3000@gmail.com'
Subject: RE: RE: First
Hi,
Greetings from OMS Technologies!
My name is Arun Yadav from INDIA, I'm a director of OMS Technologies Pvt Ltd (www.orbitmediasolution.com/). We specialize in various IT solution services such as web designing, web development, internet marketing, e-commerce development, mobile application development, SEO services , SMO services etc.
You’ll get all the expected stuff like a great professional service and a fast turn around, at a bit less, and We get a bit more exposure.

Our Packages:-
Please find the below packages and select any of the best.
Package Name
Keywords
Monthly Payment Plan for Per Website
Standard Package
10
GBP 135
Business Package
20
GBP 245
Premium Package
30
GBP 365
Here is our work process to rank your website on Google 1st page. Please see below:
Step 1:- We will first find the best competitive keywords for your website and then we will work on it so that you can arise in the number of visitors on the website. If you want then you can also share your keywords on which you want to see your website on Google 1st page.
Step 2:- Now, We will analyze and optimize your website. For Example:- On-Page Analysis (Meta Title, Meta Description, Meta Keywords) ALT Tag, Heading Tags, HTML/CSS Errors Check, Canonical Issue Check, Standardization Issue Check, Sitemap (HTML and XML) Checking, Internal link Analysis, Social Media Analysis, SEO Friendly URL Check, Duplicity Analysis etc
Step 3:- We will remove all errors which we found in step 2 and make your website fully SEO friendly and supportable according to the latest SEO tactics.
Step 4:- In our last step, we will do off-page work activities. For Example: Article/Blog Writing, Press release writing & submission, Classifieds promotion, social bookmarking, social media promotion, Info-graphic presentation & promotion etc. so that you can have a great web presence on Google. From here we will increase your brand value, keywords ranking, website organic traffic.
Reporting Process:- We will provide you weekly wise work report and the end of month we will also send performance reports. From here you can track work status easily.
Look forward to start working with you and AMAZE you with our work.
-
Best Regards,
Arun Yadav | Director
OMS Technologies Pvt Ltd.
Skype:-orbitmediasolution
Whatsapp: +91-982.1686.885
E: arun[@]omstech[.] in
E : arun [@] orbitmediasolution [.] com
W : www [.] orbitmediasolution [.] com
Description: Logo

From: Gaurav Singh
Sent: Thursday, August 18, 2022 12:36 PM
To: arun@orbitmediasolution.com
Subject: FW: First

From: Shantanu Panigrahi [mailto:shanpanigrahi3000@gmail.com]
Sent: Wednesday, August 17, 2022 7:18 PM
To: Gaurav Singh
Subject: Re: First

Dear Gaurav
I would be interested in the SEO services. I currently have the following websites that I wish to try and get followers and members to correspond with:
Summary of Platform
https://www.theconservativelibertariansociety.com/
http://vishistaadvaitavedanta.com
http://pub46.bravenet.com/forum/3871902446/
https://www.newsandviewsfromalibertariandemocrat.com/
https://knowledgeassessmentanddissemination.com
https://theallurementofrealityinreview.com
https://knowledgeforworldconservation.com
https://www.thelibertariandemocrats.com/
https://thenewclimateformankind.com
https://www.lulu.com/spotlight/the-allurementofrealityofshantanupanigrahi
https://archive.org/details/@panigrahi491

I have used the SEO tools in Wix to try and get some degree of Search Engine Optimisation, but am hampered by lack of a good desk-top computer that would allow me to create more Videos to upload.

Please send me Your Plan/Package so that I can see if I will be able to afford your prices: ideally I would wish to have an arrangement on a one-off basis to see the results from your work and then decide whether to extened it to monthly payments that I can budget for.

Thanks
Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619
On Wed, 17 Aug 2022 at 08:23, Gaurav Singh <Gaurav98-96@hotmail.com> wrote:
Hi,
I sent you an email few days ago regarding SEO services.
PS: If you are interested, then I can send you our SEO Packages Price list, past work (Example & Sample).
Thanks,

From: Gaurav Singh
Sent: Tuesday, May 3, 2022 4:06 PM
Subject: First

Hi,
Want more clients and customers?
We will help them find you by putting you on the 1st page of Google.
We are a fast-growing company based in India with primary focus on Search Engine Optimization(SEO).
We have a dedicated team of 45+ professionals to serve you in building appropriate links and developing SEO. We are working as an outsourced vendor for many reputed SEO agency based in USA, UK, Canada and Australia.

If you are interested email us for Plan/Package.
Thanks & Regards,
Gaurav
Online-marketing-executive

Update:
Blogged the email to Kent Police to clear the path after deleting the email from Arun Gupta of OMS Technologies: tweeted, facebooked and posted the blog in LinkedIn:

https://www.knowledgeassessmentanddissemination.com/post/negotiations-to-resolve-the-war

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14.27 pm (UK-Time) 20 August 2022

Deleted all emails in yahoo account. I cannot hide and have to face the reality and defend if Kent Police does take action.

15.32 pm (UK-Time) 20 August 2002

A Facebook notification came into my Account: Bharatiya Janata Party, an account that you follow in Instagram just posted a Video.

I did not visit the site as I intend to live the rest of my life in the United Kingdom come what may. The Negotiations to end the war have failed in that I did not get a reply from VOPA, Kent Police or the Supreme Court of the United Kingdom. So I started working to make my website My Bulletin more attractive on the Home Page and set it up on Search Engine Optimisatioon to see if Shantanu Panigrahi's Bulletin/Knowledge assessment and dissemination will be picked up by Google.

I will continue to write up my thoughts and do my dharmayoga as I have learnt. I am in no delusions of grandeur for what I have discovered about myself and the State of the United Kingdom. The mind conjures up all kinds of possibilities which confuse and should be discarded. No country on Earth can give better treatment to Rashmi for her Scoliosis than the United Kingdom and that is foremost in my mind. There is also a very uncertain future for our daughter even in the United Kingdom.

So I just travel on free. It is up to the UK State what it does with me now. All the facts are published.

20.11 pm (UK-Time) 20 August 2022

All I care about is that I have some kind of productive life ahead of me whilst I help Rashmi and Rupa, and that will be through my websites to become a good journalist covering national and international news as I experience my final years of life.

Last Updated: 20.22 pm (UK-Time) 20 August 2022

COURT OF APPEAL CASE REFERENCE NO CA-2022-0015062
YAHOO
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
registry@supremecourt.uk
Cc:

Civil Appeals - Registry
Sat, 20 Aug at 22:46

To
The Supreme Court of the United Kingdom
Royal Courts of Justice
Strand
London WC2A 2LL

To The Justices

Your Lordship/Ladyship

Further to my email this morning as attached: To SupremeCourtofUnitedKingdom(APPEALOFTHEDECISIONOFTHECOURTOFAPPEAL)20Aug2022.docx; I offered a solution to the dispute as linked here: Negotiations to Resolve the War (knowledgeassessmentanddissemination.com) https://www.knowledgeassessmentanddissemination.com/post/negotiations-to-resolve-the-war Negotiations to Resolve the War Negotiations to Resolve the War:2 Yahoo / Sent Shantanu Panigrahi <shantanupanigrahi@yahoo.com> To: Enquiries Ke...

This is based on allegations that I have done something wrong over the past 24 years. I was merely seeking justice aggrieved at the loss of income and Defamation that was totally unwarranted, but until I get a Hearing of my Case, this matter will rumble on and on. I will publish my findings as a social media journalist and write my books under the theme 'The Allurement of Reality' and will appear in front of a court to defend myself against the scurrilous insults and injustices perpetrated on me from which my family has suffered and even my relatives do not talk to me.

I will never ever lose my United Kingdom residence, my acquired British Nationality and Passport of the United Kingdom, much as my detractors try and point me to go to India and socialise with the Bharatiya Janata Party that I no longer have any common ground on religion with.

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
United Kingdom

Attachment:
ToSupremeCourtof UnitedKingdom(APPEAL OF THE DECISION OF THE COURT OF APPEAL)20Aug2022.docx 15.7kB

23.28 pm (UK-Time) 20 August 2022

Update:
This Sunday morning, with no developments I nonchalantly published my email to the Supreme Court of the United Kingdom, tweeting, facebooking and posting it on LinkedIn

https://www.knowledgeassessmentanddissemination.com/post/court-of-appeal-case-reference-no-ca-2022-0015062

Last Updated: 08.30 am (UK-Time) 21 August 2022

Mental Health Concerns2
Yahoo
/
Inbox
Cameron Crockett PC 46014773 <cameron.crockett@kent.police.uk>
To:
shantanupanigrahi@yahoo.com
Sun, 21 Aug at 12:04
Good Morning,

I'm currently investigating an incident that you've been involved in and it's come to my attention that you've had some assistance with your mental health in the past. I know you've previously been under Canada House and was curious if you are still being treated by then. I am planning on making a referral regardless but do I have your consent to do so?

Kind Regards,
PC Crockett

Mental Health Concerns2
Yahoo
/
Sent
Shantanu Panigrahi <shantanupanigrahi@yahoo.com>
To:
Cameron Crockett PC 46014773
Sun, 21 Aug at 13:57

Dear Cameron Crockett PC 46014773

I have been a mental patient for 20-24 years, at first at my instigation when I was working at the University of Greenwich, and after my dismissal from that job without severance payment of £55,000 as redundancy terms, I spent two spells in the Mental hospitals (2004 and 2008) following which I have had treatment under various Psychiatrists in the Care in the Community Services of the National Health Service, first at Kingsley House (Dr Sandeep and Dr Shobha), then at Canada House

by Dr Masoud and finally at Britton House in Gillingham. After Dr Masoud I was examined by Dr Odesanya at Briton House in companionship with Mr Micahel Kingham Consultant Forensic Psychiatrist with whom I explained that belief in a God lurking in my head whom I talked to using a digital clock with times of '7' (4.21, 3.04, 5.02, 6.10, 9.07, 8.08, etc were affirmative and the rest of the clock sightings were negative. I did not hear from him with a Report on the forensics of my condition. Then Dr Odesanya diagnosed me for autism spectrum but I never got an appointment at Maudsley House in South London even though out of area funding was granted by the Clinical Commissioning Group of Medway Foundation Trust.

My last Consultant Psychiatrist was Dr F Odesanya who released me from secondary Care to Primary Care of the GP Services still suffering he said with paranoid schizophrenia and persistent delusional disorders as you will read from the attached GP Letter from Dr Mwanche MedCerDrMwanche29Nov2021.

My wife and I had complained to Britton House through my GP and Single Point of access that I should have been retained in Secondary Care at Britton House, but since then under the referral of PC Evans in relation to some malicious emails received by BP that I worked for until March 2022, I had to go and see Mr Michael Quarms at Britton House whose reports are also attached for your kind consideration. FrMichalQuarm(CMHT_MDT_9May2022received13May2022.docx; FrMicahaelQuarm(CMHT)BrittonHouse9May 2022received13May2022.docx.

Following the recommendation of Mr Quarms I am being treated for Personality Disorder by MEGAN CIC where Vicky Randall is my Support Worker.

I am currently on 7 medications in the morning (2 mg risperidone, 150 mg sertraline, 500 mg Depakote for mental health, 20 mg Tamsulosin and Finasteride (for a pissing problem) and Atorvastatin for high cholesterol and in the evening, I take 500 mg Depakote and 2 mg risperidone. The Doctors at the GP ensure that I get my medications regularly and I collect them from Boots the Chemists in Hempstead Valley Shopping Centre.

I hope this is useful.

Please continue with your good work

Yours sincerely

Dr Shantanu Panigrahi
3 Hoath Lane
Wigmore
Gillingham
Kent ME8 0SL
Tel: 07967789619

On Sunday, 21 August 2022 at 12:04:54 BST, Cameron Crockett PC 46014773 <cameron.crockett@kent.police.uk> wrote:
Good Morning,

I’m currently investigating an incident that you’ve been involved in and it’s come to my attention that you’ve had some assistance with your mental health in the past. I know you’ve previously been under Canada House and was curious if you are still being treated by then. I am planning on making a referral regardless but do I have your consent to do so?

Kind Regards,

PC Crockett

Download all attachments as a zip file
FrMicahelQuarm(CMHT_MDT _9May2022received13May2022.docx 16.8kB
FrMicahelQuarm(CMHTBrittonHouse)9May2022received13May2022.docx 22.7kB
MedCertDrMawanche29Nov2021b.pdf 1.4MB
(a)
From:
NHS Kent and Medway
NHS and Social Care Partnership Trust
Medway Community Mental Health Team
Britton House
Britton Farm
High Street
Gillingham, Kent
ME7 1 AL
Tel: 0300 303 3189

Date: 09 May 2022
Our Ref: MQ/jab

PRIVATE AND CONFIDENTIAL
Mr Shantanu Panigrahi
3 Hoath Lane
Gillingham
Kent
ME8 0SL

Dear Mr Shantanu Panigrahi

Following your assessment with me, you were discussed in the Multidisciplinary Team Meeting (MDT) on the 05/05/2022 and the outcome of the discussion are:

- For you to attend Turning Point to address your alcohol misuse.
- For you to continue with your current medications.

- For you to be discharged from CMHT to your GP. Your care has been transferred to your GP in primary care. GP should not hesitate to re-refer to secondary mental health services if need arises.
- Attached to your copy of the letter are the useful support services such as IMAGO, Livewell Kent, MEGAN Peer Support, Medway Talking Therapies, Rubicon Cares Counselling, Safe Haven services@ the Medway, and other useful services in the community that could help enhance your sense of well-being and recovery.

Yours sincerely
(Sent unsigned to avoid delay)

Michael Quarm
Community Mental Health Nurse
Medway CMHT

Cc
GP: for information only
Dr Shah A
Parkwood Health Centre
Rainham
Kent

Freephone number for the Samaritans: 116 123

CONTACT US NOW
Whatever you're going though, call us free any time, from any phone on 116.123
We 're here round the clock, 24 hours a day, 365 days a year. If you need a response immediately, it is best to call us on the phone. This number is FREE to call. You don't have to be suicidal to call us.
Contact us now on 116 123

www.livewellkent.org.uk 0800567 7699
Mental Health Matters – 0800 107 0160
Samaritans – 116 123
NHS – 111
GP and out of hours GP services
Urgent Mental Health Helpline – 0800 783 9111

Trust Chari: Dr Jackie Crasssait
Chief Executive: Helen Greatorex
Help KMPT learn from patient's experience at www.kmpt.nhs.uk/get-involved/how-are-we-doing.htm
For further details about how your personal data is managed by the organisation please visit https://www.kmpt.nhs/about-us/confidentiality-and-gdpr/

(b)
From:
NHS Kent and Medway
NHS and Social Care Partnership Trust
Medway Community Mental Health Team
Britton House

Britton Farm
High Street
Gillingham, Kent
ME7 1 AL
Tel: 0300 303 3189

Date: 09 May 2022
Our Ref: MQ/jab
NHS Number 628 477 1487

Private and Confidential
Mr Shantanu Panigrahi
3 Hoath Lane
Gillingham
Kent
ME8 0SL

Dear Shantanu
Name: Mr Shantanu Panigrahi Address: 3 Hoath Lane, Gillingham, Kent, ME8 0SL
DOB: 8 Aug 1957 NHS No: 628 477 1487

Thank you for attending your choice triage appointment on 4 May and sharing the following information/
Assessment type: Triage (Shantanu's number is 07967789619) Rasmi his wife also present in today's assessment. Also present in todays assessment is trainee mental health and wellbeing practitioner Adam Hodges. Shantanu consented to have Adam present.
Referrer: Police via Single Point of Access (SPoA) 28/04/2022
Reason for referral: SPoA documented that PC Evans reports that Shantanu sent an email to Medway court threatening to set fire at BP garage by throwing petrol. He has made previous threats to another big company. PC Evans reported that the police went to Shantanu's address, and he shut the door at them. He reports that he seemed very unwell and needs a mental health assessment.

Presenting problem:
Discharged from CMHT in September 2021 after a medical review with psychiatrist. Found it difficult to cope with jobs, emails that he receives, and treats them like harassing emails from trolls and he can't get much sleep, only 6 hours a night, on edge the rest of the time, very stressed, smoking cigarettes to calm his nerves.

Police are aware.

Delusions – Worry a lot about whether there is a God or demon and God making him do things. Worries he isn't doing the right thing.
Always getting into trouble with employers and unable to hold a job.
Paranoid. – has persecution complex, thinks that the state is trying to get him in legal difficulties. Previously took out a case against the prime minister Boris Johnson and then thought it was the Queen. Was fined £4000 last year tof trying to take the Prime Minister to court.
Having difficulties with mental state as long as he can remember.
Drinks 4 cans a day of beer 4% volume and describes himself as chain smoking puts this to stress. Cigarettes -10 a day. He says he is not drinking more that 4 cans of alcoholic drinks. He says he can also drink coffee a lot.

Grunting noises throughout the day Shantanu says he is singing but wife says he is grunting at home. Shouting a lot sometimes at wife and daughter.
Racing thoughts happening every day. Thinks about the consequences of what he says, he thinks there is a demon or God in his head.
Says he gets messages from God and gets the voice of God. Feels being monitored by God as he might be punished.
Paranoia reported daily and feels he is being watched. Says trolls are watching him, he feels his phone is being monitored and tracked. Says he gets defensive and tries to block the negative feelings and thoughts of the emails.

Eating and drinking well. Well supported by wife.

Medication:
- Depakote 500 mg gastro-resistant tablets (Sanofi), One to be taken twice a day.
- Risperidone 2 mg tablet, one twice daily as per MHT -reports this medicine is no longer effective been on this since 2004 feels its not making any positive difference.
- Finasteride 5 mg tablets, One to be Taken Each Day as per urology a/w letter,
- Tamsulosin 400 microgram modified-release capsules, One to be Taken Each Day
- Sertraline 150 mg tablets, One to be taken Each Day – morning
- Atorvastatin 20 mg tablets, One to be taken Each Day.

Past Medications:
Aripripazole (had prolactin issues with this) and Quetiapine (restless legs reported).

Mental State Examination
. Appearance and behaviour – Shantanu appeared well kempt. No signs of self-neglect. Engaged well in the face assessment. Maintained eye contact. Forthcoming with information about his difficulties.
. Speech – calm, pleasant normal tone and rhythm.
. Mood- low mood due to emails and phone hijacked by trolls and also police involvement in Shantanu's life causing a lot of stress. He said he is not responsible for troll emails and police have been to his address a number of times. Wife also confirms this. Laptops and phones taken for 7 months due to trolls' malicious emails/communications. Wife and Shantan feel bothered by police. Sleep is poor around 5 or 6 hours with nightmares. Eating and drinking well. Hears the voice of God and imagines a God lurking in his head and needs to talk to or a demon in his head. Smiles to himself and talks to himself at home according to wife. Also having paranoia daily that God is watching him. Mood stabilisers are working as he is less irritable. Taking risperidone since 2004 and this appears to now have worn off with no effect at present according to Shantanu.
When Shantanu is on a holiday with his family he is described by wife as a pleasant, calm man and very relaxed, but when in UK he is very unsettled. He said society is complicating. He describes himself as a secluded person.
Aware of the complications of mixing alcohol whilst on medications. Given details of Turning Point as Shantanu would like professional support.
. Thought- ongoing thoughts of being harassed by police. Thoughts of a god or demon being in his head. Reports concentration is not great. He concentrates on trolls hijacking his email. He says he says things without thinking.
. Perception- reports hearing the voice of God and he is always paranoid. Smiles to himself and talks to himself. Also having paranoia daily. Mood stabilisers working. Taking risperidone since 2004 and this appears to now have worn off with no effect at present. Feels he is being judged a log by people he does not know and feels provoked by others and feels he is not liked. He says he can feel worthless within himself and feels he has not achieved anything. Says universities will not hire him even for menial joibs. Feels he is a good communicator passes interviews and feels he messes up

due to trolls. Shantanu feels that the Queen and Prime Minister are both trolls and arranging for his email to be hijacked and to be kicked out of England.
. Cognition- reports concentration is not great. He concentrates on trolls hijacking his email. He says he says things without thinking.
. Insight- good insight into his mental and physical health difficulties. Shantanu said he suffers from paranoid schizophrenia and persistent delusions.

Client Expectations:
Would like to get a job even if its 2 or 3 days a week when stable. He reports mental state affecting him.
I would like to see the doctor for medication review.

Carer Expectations:
Wife Rashmi would like Shantanu to be reviewed as he has been on risperidone since 2004.
Formulation/summary:
Risks:
No suicidal thoughts or plans to end his life. Shantanu stated: ''I want to live''. Shantanu said ''I believe there is hope and one has to hope and he wants to do well''.
Shantanu said he has no thoughts or plans to burn BP station. Wife confirms this also. He said a troll hijacked his email account and sent bad emails. Wife confirms this.
Protective factor. Shantanu cited his wife and adult daughter Rupa 31 as protective factors.
Drinking alcohol 4 cans or 2 cans or 1 can a day. He smokes 10 cigarettes a day and puts this to stress. Happy to attend Turning Point/Open Road. Signposted to it.
To others – denied any thoughts to harm others when asked. No thoughts or plans to burn a petrol station and said this is not true and is the trolls and feels scared of the Police.
From others – no evidence of any current harm. Shantanu has no thoughts or plans to harm others. He stated: ''I am 64 why do I want any stress''.

BACKGROUND
Employment: No, on a pension
Accommodation: Stable lives with wife Rashmi and daughter Rupa 31 years old.

Previous contact with mental health service: Yes- known since February 2016
If Yes, what is their diagnosis? Paranoid schizophrenia and Delusional Disorder

Past psychiatric admission/s: Yes 2004 and 2008 section 2 and 3 of the MHA
Physical health concerns: Prediabetes diagnosis in 2019- managing dietary intake and intermittent and frequent urination. GP has referred to urology for a review however, Shantanu is still waiting to hear from urology at Medway Maritime Hospital.

Drugs and Alcohol history – Drugs- Drinking alcohol 4 cans or 2 cans or 1 can a day. He smokes 10 cigarettes a day and puts this to stress. Happy to attend Turning Point/Open Road. Signposted to it. Drinks 4% vol and describes as chain smoking puts this to stress.
Next of kin details: - Rashmi's number is 07854984538

Outcome:
Following this face to face review the plans made collaboratively with Shantanu and wife Rashmi are:
Shantanu to be referred to the MDT meeting to request for a medical review as Shantanu feels his medicine Risperidone is not effective and been on this since 2004. He reports that his mood stabiliser is working for him and as he used to be very agitated.

Shantanu to contact Turning Point/Open Road to address his alcohol misuse and he would like professional support.
GP to continue to review Shantanu's physical health. He is still awaiting to hear from urology team. GP to kindly chase this up.
Shantanu can contact Imago (care Navigation Services -working with local GPs and care teams) for support in the community.
Shantanu and Rashmi to contact Citizens Advice regarding support with the police as they feel harassed by the police regarding trolls that hacked email address and also getting help from the Citizens Advice regarding police support.
Shantanu and Rashmi both given leaflets for LIVE WELL KENT, MEGAN Peer Support to access their community and recovery programmes when Shantanu is ready. Shantanu and wife Riashmi both agreed to contact these services when Shantanu is much stable.
Crisis plans discussed with Shantanu and wife Rashmi such as contacting the duty Team at Medway Mental Health Team, Single Point of Access (24 hours a day). Crisis Team (24 hours a day), Mental Health Matters, SHOUT to 85258 (text), to speak to wife Rashmi and daughter Rupa, for support as he finds them helpful, A&E in emergency, GP, Samaritans, The Safe Haven @ the Medway. Shantanu and Rashmi verbalised their understanding of the crisis support plans.

Yours sincerely
(Sent unsigned to avoid delay)
Michael Quarm
Community Mental Health Nurse
Encs: Safe Haven, Turning Point, Talking Therapy, Rubicon, Megan, Live Well Kent, IMAGO, Crisis Numbers.

Cc GP Dr Shah A
Long Catlis Road Surgery
Parkwood Health Centre
Long Catlis Road
Rainham
Kent
ME8 9PR

You may find the following mental health support services helpful:
www.livewellkent.org.uk 0800567 7699
Mental Health Matters – 0800 107 0160
Samaritans – 116 123
NHS – 111
GP and out of hours GP services
Urgent Mental Health Helpline – 0800 783 9111

Trust Chari: Dr Jackie Crasssait
Chief Executive: Helen Greatorex
Help KMPT learn from patient's experience at www.kmpt.nhs.uk/get-involved/how-are-we-doing.htm
For further details about how your personal data is managed by the organisation please visit https://www.kmpt.nhs/about-us/confidentiality-and-gdpr/

(c)
From

Long Catlis Road Surgery
Parkwood Health Centre
Long Catlis Road
Gillingham
Kent
ME8 9PR
Telephone Number 01634 233491
29 November 2021

TO WHOM IT MAY CONCERN

Dear Colleague
PANIGRAHI, Shantanu (Mr) 08-Aug-1957 628 4771487
3 Hoath Lane, Gillingham, Kent, ME8 0SL
01634 379604
07967789619

This is to confirm that the above gentleman has Mental Health problems including Paranoid Schizophrenia and persistent delusional disorders.

Yours faithfully

Dictated not signed
Dictated not signed to avoid delay

Dr Mwanche
General Practitioner

Medication
Repeat

Drug	Dosage	Quantity	Last issued on
Depakote 500 mg gastro-Resistant tablets (Sanofi)	One to be taken twice a day as per MHT	56 tablet	28 Oct-2021
Risperidone 2 mg tablets	One twice daily as per MHT	56 tablet	28 Oct-2021
Finasteride 5 mg tablets	One to be taken each day as per urology a/w	28 tablet	28 Oct 2021
Tamsoulosin 400 micrograms modified release capsule	One to be taken each day	30 capsule	28 Oct 2021
Sertraline 50 mg tablets	One to be taken each day	28 tablets	28 Oct 2021
Sertraline 100 mg tablets	One to be taken each day - Morning	28 tablets	28 Oct 2021
Atrovastatin 20 mg tablets	One to be taken each day	28 tablets	28 Oct 2021
Zaluron XL 50 mg tablets (Fontus Health Ltd)	One to be taken each day	30 tablets	01 Oct 2021

Problems
Active

Date	Problem	Associated text	Date ended

13 Aug- 2021	Pain in upper arm	
26 Jan-2021	Failed encounter Message left with household Member	
22 Jan-2021	Failed encounter, message left on answerphone	
09 Jan 2000	Paranoid schizophrenia	As per Britton House Correspondence
25 Nov 2020	Administration	
30 Dec 2019	[D] Prediabetes	
30 Oct 2019	Persistent delusional disorders	
12 Sep-2019	Telephone call to a patient	
5 July-2019	Medication changed	
19 Nov-2018	Failed encounter NOS	
12 Nov 2018	QRISK2 calculated heart age	
19 Oct-2018	[x] Persistent delusional disorders	H/O

15.10 pm (UK-Time) 21 August 2022

Late Prof Praharaj of beloved memory
Yahoo
/
Inbox
Nitin <bhardwaj.n@gmail.com>
To:
shantanupanigrahi@yahoo.com, shanpanigrahi@yahoo.co.uk, rashmipanigrahi2000@yahoo.co.uk, gentleballads@yahoo.com, meerapanigrahi@gmail.com
Sun, 21 Aug at 16:23

Dr Panigrahi

Your mother was not insane. You know that.

A 1954 brutal murder involving sexual assault of a young female, at an isolated house between Bradford and Leeds, to this day remains unsolved.

Your mother too was a victim, driven to suicide and attempted murder at the same time by the wicked deeds of Gopinath, and to keep your younger sister safe from his predatory activities.

Your unfortunate brother inherited his father's insanity, though not his evil.

The late respected Prof Praharaj's greatest and unforgivable error of judgement was permitting the marriage of his French daughter to you, the worst of the Panigrahis, on the strength of Gopinath's persuasiveness.

Will the pattern of Panigrahi madness, present in the next generation too, be continued into the unborn one, or will the cycle be broken?

Your obedient servant

Bhardwaj

COPIED FOR JUSTICE TO VICTIMS

16.36 pm (UK-Time) 21 August 2022

Update:
Posted both emails to put it all in the public domain and await the rakshases next move: blogged the email to Kent Police on Mental Health Concerns, but not the received one from Bhardwaj:

https://www.knowledgeassessmentanddissemination.com/post/mental-health-concerns

https://www.knowledgeassessmentanddissemination.com/post/late-prof-praharaj-of-beloved-memory

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16.56 pm (UK-Time) 21 August 2022

On Facebook:
Shantanu Panigrahi shared a memory.
7h ·
Shared with Public
Who knows? It is all conjecture. There is no proof of God as outlined in the Bhagavad Gita. There is only the process of Self-discovery that can be relied upon to live on. One needs a framework as a religion that makes one's boat float. One more day of survival that is all there is to be contented with.

1 Year Ago
See your memories

Active
Shantanu Panigrahi
21 August 2021 ·
Shared with Public
Ab jananti Ma Mudha Manushi tanumashritam; Param Bhavan jananto mama bhuta Maheshwaram (Bhagavad Gita?)

Last Updated: 17.03 pm (UK-Time) 21 August 2022